



# Grit and GRACE



## Discussion Guide

One of the best bits of feedback I've gotten on *Grit and Grace* is that people are loving reading it *together*. Moms and daughters. Girls and their friends. Families around the dinner table. *Grown ups* at book club or Bible study.

I'm delighted people find value in learning about these amazing heroic women of the Bible together—and discussing them in community. To that end, we've devised a Group Discussion Guide. The questions are broad and flexible so you can use the for each of the chapters—or save them all for the end of the book. Whatever works for you!

Hope you enjoy your discussion! Let me know how it goes! I'd love to hear from you!

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### Questions

- Which woman of the Bible speaks to you? Why? What about her story do you resonate with?
- Which woman's story do you struggle to understand the most? Why?
- What's one "take-away" lesson you've learned from these stories—or one story in particular?
- What is an over-arching or BIG theme that these women can teach us?
- What surprised you the most in reading these stories? What details or events did you read about that you hadn't considered before?

- What troubled or bothered you the most?
- Many of the details and events are “re-imagined” in these stories. What do you think about using our imaginations to “fill in” Bible stories? How does it help?
- In Bible times, women didn’t have much of a “voice” or any say-so over their lives. They weren’t educated or powerful. Knowing this, what does it tell you about God—who gives these women such important roles to play in his grand redemption story?
- How has reading the stories of the women of the Bible helped you understand your own role or purpose in life? How have they helped you understand how God sees you?
- What do you feel God might be trying to tell you through these stories? Is there a new life direction you should consider? Something you might be called to do that you’ve been fighting or ignoring?
- How do these stories help you face your fears? What do they tell you about what God can do?
- How do the stories of the women in the Bible equip you for your current role or place in life? How do they inspire you to aim higher?
- Lots of women around the world still live in circumstances not unlike the women of the Bible. How might God be prompting you to help them live into his calling on all his daughter’s lives?
- Why is it important for us to study the women of the Bible? Why is it important for women? Why is it important for men?

